

# North Dakota Department of Public Instruction

*Child Nutrition and Food Distribution Programs*

**2006 Annual Report**  
**[www.dpi.state.nd.us/child](http://www.dpi.state.nd.us/child)**



***CNFD Mission Statement:***

*To promote relationships and enhance partnerships that provide quality nutrition education and nutrition services for the people of North Dakota.*

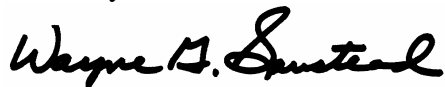
## A Message from the Superintendent of Public Instruction, Dr. Wayne G. Sanstead

The Child Nutrition and Food Distribution programs administered by the Department of Public Instruction contribute greatly to the health of North Dakota citizens. We are, as a state agency, proud to be involved in assisting local school and community partners in sponsoring nutritious meals and distributing commodity foods to a host of statewide users.

I am pleased that this annual report focuses on improving the school nutrition environment to the benefit of all our citizens. We know that eating habits have a direct effect on health. It is also a well-established fact that quality nutrition practices greatly enhance student academic success as well as total quality of life opportunities. Further, it is clear a learning environment that fosters healthy nutrition habits plays a vital role in our schools meeting the challenges of the No Child Left Behind Act.

We know that thousands of North Dakota citizens currently benefit from the nutrition programs administered through the promotion of health and wellness activities. We are committed to continuing our leadership efforts in assisting our citizens toward an improved quality of life through the wonderful work of our Child Nutrition and Food Distribution programs.

Sincerely,



Dr. Wayne G. Sanstead  
State Superintendent



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## Acronyms

CACFP	Child and Adult Care Food Program
CNFD	Child Nutrition and Food Distribution
CSFP	Commodity Supplemental Food Program
FDPIR	Food Distribution Program on Indian Reservations
NSLP	National School Lunch Program
SBP	School Breakfast Program
SFSP	Summer Food Service Program
SMP	Special Milk Program
TEFAP	The Emergency Food Assistance Program
USDA	United States Department of Agriculture

*The Department of Public Instruction does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. John Dasovick, the individual in the following position has been designated to handle inquiries regarding the non-discrimination policies: Asst. Director, USDA Food Distribution Programs, Office of Child Nutrition, 600 E. Boulevard Ave., Dept. 201, Bismarck, ND 58505-0440. Telephone No. 1-701-328-2260.*

# ***Child Nutrition and Commodity Programs in North Dakota***

The North Dakota Department of Public Instruction, in accordance with the Food and Nutrition Service of the United States Department of Agriculture (USDA), administers child nutrition and food distribution programs. A partnership of federal, state, and local agencies provides nutrition services and food assistance to students, young children, and adults.

Agencies that participate in the USDA programs include:

- Public and private schools
- Child care centers and homes
- Private, non-profit agencies
- Residential facilities
- Local food assistance programs
- Indian reservations

The focus of the Child Nutrition and Food Distribution (CNFD) office is to foster positive partnerships with local program staff, and to provide excellent customer service.

## ***Staff***

Linda Glaser	Director, Child Nutrition and Food Distribution
John Dasovick	Asst. Director, Food Distribution Programs
Loris Freier	Asst. Director, Child Nutrition Programs
Deb Egeland	Manager, School Nutrition Programs
Dean Kinnoin	Manager, Child and Adult Care Food Program
Melissa Anderson	Food Distribution Program Administrator
Kim Kinnoin	Training Administrator
Stacie Morowski	Child Nutrition Specialist
Becky King	Child Nutrition Specialist
Carla Wardzinski	Administrative Staff Officer
Angela Rittmiller	Office Manager
Nancy Darling	Administrative Assistant

## *Customers and Programs*

Thousands of North Dakotans benefit from nutrition and education services through the USDA programs administered by this office. The delivery of quality service to our customers is paramount. Major customer groups include:

- Students
- Infants and young children
- Households
- Nutrition professionals
- School and program administrators

The USDA programs and initiatives administered by the CNFD include:

- National School Lunch
- School Breakfast
- Special Milk
- Afterschool Snacks
- Summer Food Service
- Child and Adult Care Food
- Food Distribution to Indian Reservations
- The Emergency Food Assistance Program
- Commodity Supplemental Food
- Commodity Foods for Schools
- Team Nutrition



### **STUDENTS**

Nutrition plays an important role in a child's readiness to learn, social behavior, and physical performance. Students eat healthier when they receive their meals from the National School Lunch Program and the School Breakfast Program.

Our office is committed to continually improving children's access to nutrition programs. Students in K-12 public and private schools, and those in residential facilities, are served by these programs:

- National School Lunch Program
- School Breakfast Program
- Special Milk Program
- Afterschool Snacks
- Summer Food Service Program

## School Nutrition Programs

### NUMBER OF PARTICIPATING SITES

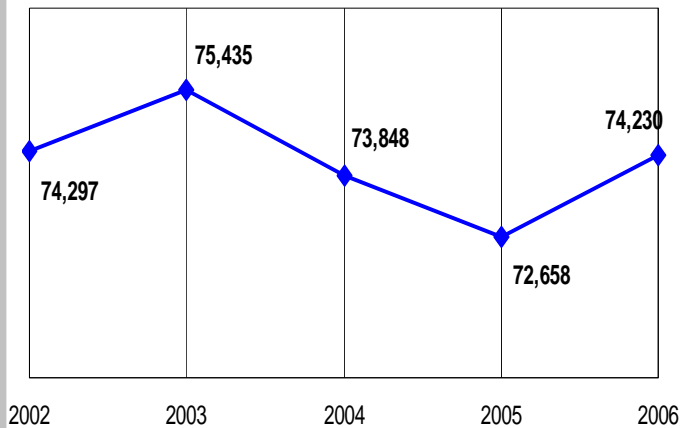
<i>Local Agency Type</i>	<i>NSLP</i>	<i>SBP</i>	<i>SMP</i>	<i>Afterschool Snacks</i>
Public School Sites	383	298	18	77
Private Schools	33	28	1	1
Residential Child Care	17	25	1	14
Summer Camps	0	0	15	0
<b>Total</b>	<b>433</b>	<b>351</b>	<b>35</b>	<b>92</b>

### STUDENT PARTICIPATION

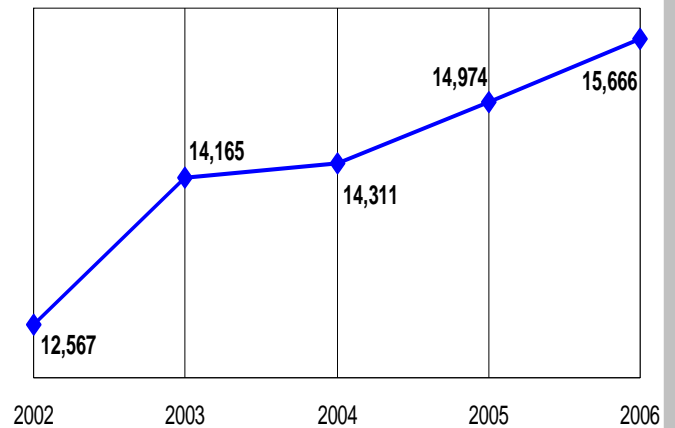
	<i>NSLP</i>	<i>SBP</i>	<i>Afterschool Snacks</i>
Enrollment	102,967	82,863	10,022
Average Daily Participation	74,230	15,666	1,748
Participation Factor	72.0%	18.9%	17.4%

### AVERAGE DAILY PARTICIPATION

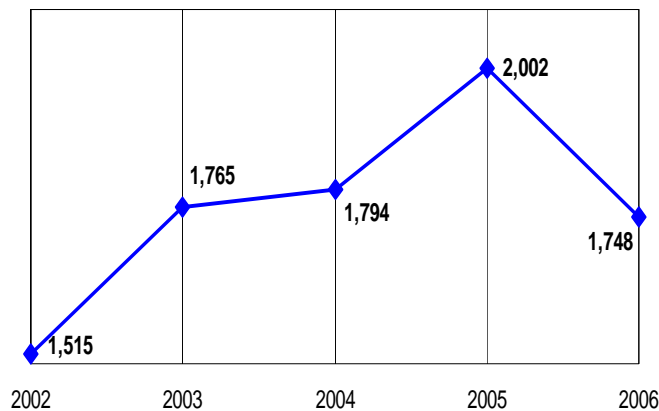
National School Lunch Program



School Breakfast Program

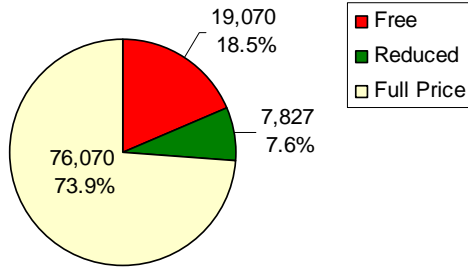


Afterschool Snacks

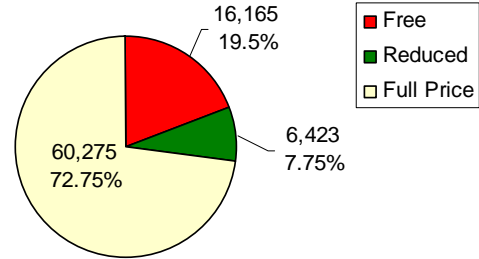


School nutrition programs provide a measure of food security for students whose homes have inadequate food supplies. Students meeting income eligibility guidelines may participate in the nutrition programs for free or at a reduced price.

**National School Lunch Program Eligibility**



**School Breakfast Program Eligibility**



**MEALS SERVED – 2005/06**

**Breakfast**

<b>Full Price</b>	1,110,561	38%
<b>Free</b>	1,558,609	53%
<b>Reduced Price</b>	278,945	9%
<b>Total</b>	<b>2,948,115</b>	<b>100%</b>
<i>Reimbursement</i>	<i>\$2,807,329</i>	

**Lunch**

<b>Full Price</b>	8,441,136	65%
<b>Free</b>	3,403,135	26%
<b>Reduced Price</b>	1,110,696	9%
<b>Total</b>	<b>12,954,967</b>	<b>100%</b>
<i>Reimbursement</i>	<i>\$12,125,559</i>	

**Snacks**

<b>Full Price</b>	57,306	19%
<b>Free</b>	226,425	77%
<b>Reduced Price</b>	12,824	4%
<b>Total</b>	<b>296,555</b>	<b>100%</b>
<i>Reimbursement</i>	<i>Included in NSLP</i>	

**Milk**

<b>Full Price</b>	261,883	95%
<b>Free</b>	14,449	5%
<b>Total</b>	<b>276,332</b>	<b>100%</b>
<i>Reimbursement</i>	<i>\$43,686</i>	

**Summer Camp Milk**

<b>Full Price</b>	124,185	100%
<b>Free</b>	0	0%
<b>Total</b>	<b>124,185</b>	<b>100%</b>
<i>Reimbursement</i>	<i>\$18,392</i>	

## STATE LEVEL FUNDING TO SUPPORT SCHOOL NUTRITION

The Department of Public Instruction receives administrative funding for state level activities in the NSLP, CACFP, SMP, and commodity distribution for schools. The state is also required to match the federal reimbursement with state general funds.

### *State Administrative Expense (SAE)*

	<i>2003</i>	<i>2004</i>	<i>2005</i>	<i>2006</i>
<b>Federal SAE funds expended</b>	\$502,551	\$510,461	\$580,349	\$595,436
<b>State funds for administration</b>	\$74,353	\$73,146	\$72,949	\$73,689
<b>State funds for meals</b>	\$545,497	\$547,563	\$607,818	\$583,464

## NUTRITION QUALITY IN SCHOOL MEALS

North Dakota students benefit from high quality meals prepared by dedicated school foodservice professionals. Federal regulations require that reimbursable meals adhere to the Dietary Guidelines for Americans and provide adequate protein, vitamins, minerals, and calories.

Federal regulations limit fat in reimbursable meals to no more than 30 percent of calories from fat and 10 percent of calories from saturated fat. Over the years, calories from fat show a gradual decline.

	<i>% Calories/Fat</i>	<i>% Calories/Saturated Fat</i>
<b>School Year 2000-01</b>	33.5%	12.0%
<b>School Year 2001-02</b>	33.0%	10.6%
<b>School Year 2002-03</b>	32.9%	11.0%
<b>School Year 2003-04</b>	30.4%	9.9%
<b>School Year 2004-05</b>	29.3%	9.5%
<b>School Year 2005-06</b>	31.0%	10.4%

Schools that meet the Dietary Guidelines for Americans and the nutrient standards set for child nutrition programs have a number of common practices.

In efforts to reduce the fat content of menus, some schools have unintentionally lowered the calorie level to less than the required standards. Side dishes that increase calories without adding extra fat are: bread sticks or pasta with meatless marinara sauce, rice dishes such as not-fried rice, rice pilaf, baked rice, Mexican rice, and rice/bread sticks/soft pretzels with cinnamon and sugar. Schools practicing the concept of a healthy school nutrition environment offer these items in whole grain versions such as instant brown rice.

Food manufacturers have stepped up to the plate with healthier versions of familiar foods. Pizza is now available with 30-36 percent of calories from fat compared to regular pizza with 60 percent of calories from fat. Very few schools serve deep-fried foods. French fries, chicken nuggets, and chicken burgers are available in oven-baked forms that taste just as good as deep-fried versions. Manufacturers are also decreasing sodium, eliminating trans fats, and increasing fiber and whole grains in typical school foods.

## SCHOOL COMPLIANCE WITH NUTRITION STANDARDS

North Dakota schools are monitored every five years for compliance with eleven nutrient standards. This year, 44 percent of monitored schools met all of the standards.

### Nutrients Monitored for Compliance

Calories  
Protein  
Calcium  
Iron  
Vitamin A  
Vitamin C  
Fiber  
Total Fat  
Sodium  
Cholesterol  
Saturated Fat

<i>School Year</i>	<i>Percent of Monitored Schools</i>
<b>2000-01</b>	22.2%
<b>2001-02</b>	18.6%
<b>2002-03</b>	17.5%
<b>2003-04</b>	45.0%
<b>2004-05</b>	70.0%
<b>2005-06</b>	44.0%

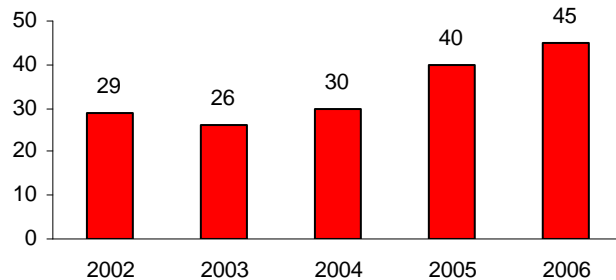
## FOOD THAT'S IN WHEN SCHOOL IS OUT: THE SUMMER FOOD SERVICE PROGRAM

The Summer Food Service Program (SFSP) helps children get the nutrition they need to learn, play, and grow during the summer months. The SFSP operates in areas of economic need. Eligible areas are those with 50 percent or more of the children living in households at or below the 185% federal poverty level. The 2006 guideline is an annual income of \$37,000 for a family of four.

At most sites in North Dakota, children receive either one or two meals a day. Residential camps and sites that serve children from migrant households may be approved to serve up to three meals, or two meals and one snack per day. The SFSP serves children and teenagers from birth to age 18.

<i>SFSP Sponsor Types</i>	
<b>Migrant</b>	4
<b>Camp</b>	3
<b>Government</b>	1
<b>School</b>	25
<b>Private Non-Profit</b>	4
<b>Upward Bound</b>	2
<b>Total</b>	<b>39</b>

Number of Participating Sites



### *SFSP Participation*

<b>Month</b>	<i>Average Daily Participation</i>				<b>Sponsors</b>	<b>Sites</b>
	<b>Breakfast</b>	<b>Lunch</b>	<b>Supper</b>	<b>Snacks</b>		
<b>May</b>	109	109	0	0	2	2
<b>June</b>	2,009	3,041	78	433	35	40
<b>July</b>	1,660	2,127	40	444	29	34
<b>August</b>	970	845	0	224	13	18

### *Total Program Expenditures*

<b>Administrative Funding (local agency)</b>	\$41,284
<b>Meal Reimbursement</b>	\$400,620

## INFANTS AND YOUNG CHILDREN

Infants and young children are served primarily through the Child and Adult Care Food Program (CACFP) as well as the Summer Food Service Program.

The CACFP is operated by public or private non-profit and private for-profit child care centers, afterschool programs, child care homes, school programs, and other agencies. Public and private non-profit sponsoring organizations provide direct administrative services for child care providers and are reimbursed for their administrative expenses. Areas of current interest in meeting the needs of infants and young children are:

- Teaching and modeling for children the benefits of good nutrition and physical activity
- Providing family style meal service in child care homes and centers, where children are offered healthy choices and are allowed to choose the quantity
- Encouraging parents to provide healthy foods at home and model good physical activity habits
- Increasing the availability of the Summer Food Service Program in areas of need

### *Number of CACFP Meals Served Annually*

<b>Breakfast</b>	2,610,160
<b>Lunch</b>	3,015,826
<b>Supper</b>	210,897
<b>Snacks</b>	3,519,453



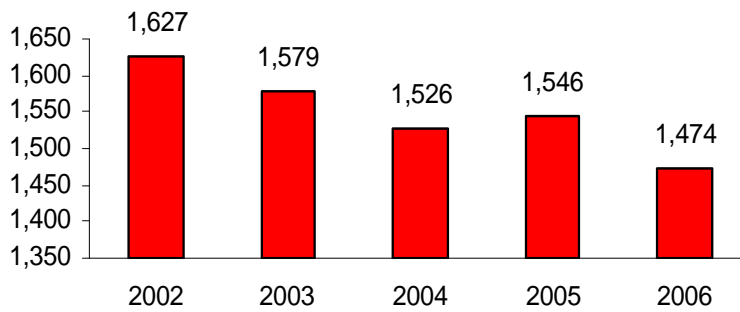
**NUMBER OF AGENCIES PARTICIPATING IN THE CACFP**

	<i>Public</i>	<i>Private</i>
<b>Military</b>	2	2
<b>Tribal</b>	2	1
<b>Centers</b>	22	41
<b>Head Start</b>	11	5
<b>Family Child Care Sponsors</b>	1	5

**FAMILY CHILD CARE SPONSORS**

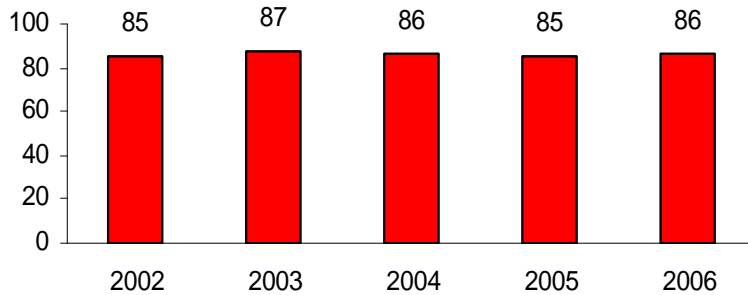
<i>Private</i>	<i>Homes</i>
Heartland Child Nutrition, Inc. (Bismarck)	650
Southeast ND Community Action Agency (Fargo)	293
AmeriKids, Inc. (Grand Forks)	122
Dakota Prairie Community Action Agency (Devils Lake)	50
NDC, Inc. (Minot)	326
 <i>Public</i>	
ABC Child Care (Minot & Grand Forks Air Force Bases)	33

**Number of Participating Homes**



**Total reimbursement for meals ..... \$5,701,314**

**Number of Participating Center Sponsors**



**Total reimbursement for meals ..... \$2,148,515**

## HOUSEHOLDS

The household food distribution programs play a significant role in improving the nutritional status and food security of individuals. Commodity foods are provided in household size packages and include vegetables and fruits, grains and cereals, meat and meat alternates, milk products, and staple foods. The commodity products are intended to supplement the foods purchased by individuals and households.

Three commodity food assistance programs are available to income-eligible households:

- Food Distribution Program on Indian Reservations (FDPIR)
- The Emergency Food Assistance Program (TEFAP)
- Commodity Supplemental Food Program (CSFP)

### *Food Distribution Program on Indian Reservations (FDPIR)*

Participants in the FDPIR program receive foods that are available as a monthly package. In fiscal year 2006, an average of 6,392 people participated in FDPIR each month. The typical FDPIR food package for a one person household had a USDA value of \$42.59.

Previously known as the Needy Family Program, this is the oldest of the USDA Food and Nutrition Service programs, going back to the Great Depression of the 1930s.

### *The Emergency Food Assistance Program (TEFAP)*

Commodity foods are distributed to food pantries across the state under TEFAP. Regional community action agencies are responsible for local administration of the program.

TEFAP provides financial assistance for the statewide distribution of non-commodity items to food pantries. The CNFD office also has a cooperative arrangement with Great Plains Food Bank of Fargo to support the distribution of non-commodity food donated by the food industry.

<i>Region</i>	<i>Agency</i>	<i>Office</i>	<i>Food Pantry Sites Served</i>
I	Community Action and Development	Williston	4
II	Community Action Opportunities	Minot	15
III	Dakota Prairie Community Action	Devils Lake	5
IV	Red River Valley Community Action	Grand Forks	9
V	Southeastern ND Community Action	Fargo	12
VI	Community Action Region VI	Jamestown	10
VII	Community Action Region VII	Bismarck	12
VIII	Community Action & Development	Dickinson	10

*Commodity Supplemental Food Program (CSFP)*

The CSFP provides a monthly food package to people with limited incomes, mainly the elderly. The program serves seniors age 60 and older who are at or below 130 percent of the poverty level. The program works to improve the health of seniors by supplementing their diets with nutritious commodity foods. It provides food and administrative funds to states to supplement the diets of these groups. Attention must be given to the nutritional needs of the growing number of elderly citizens in North Dakota.

On average, 2,799 seniors participated monthly in the CSFP in fiscal year 2006.



## USDA FOOD DISTRIBUTION PROGRAMS

The distribution of USDA commodity foods serves two purposes:

- To strengthen the nutrition health of participating persons
- To strengthen American agriculture

In addition to households receiving commodity foods through the FDPIR, TEFAP, and CSFP, children from infancy through teen years are also participants through school, child care, and summer programs that receive commodity assistance.

### *School Commodity Program (SCH)*

Schools participating in the National School Lunch Program receive a variety of USDA commodity foods in institutional sizes. Donated commodities must be of domestic origin, and nearly 60 percent of the foods purchased for the Child Nutrition Programs by USDA must be determined by the Department to be in surplus at the time of purchase. The commodity products are intended to supplement the foods purchased by foodservice personnel.

Each school receives an entitlement amount which is based on the current per meal rate from USDA multiplied by 180 days multiplied by each school's average daily participation (ADP) from October of the previous year. Schools use their entitlement to purchase USDA commodities that are offered by CNFD.

During fiscal year 2005-2006, the USDA per meal rate was .175 cents, which gave North Dakota an entitlement of \$2,316,832.

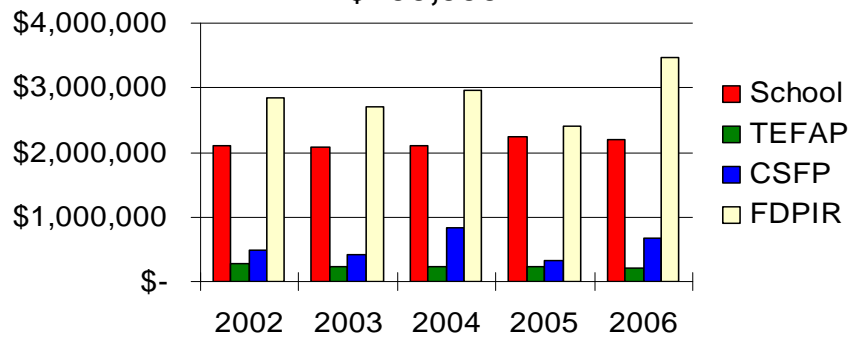
### *Child and Adult Care Commodity Program (CACFP)*

Like the school commodity program, child care centers who participate in the Child and Adult Care Food Program are eligible to receive institutional-sized commodities. Unlike schools, child care centers who participate have the option of accepting commodities or cash-in-lieu of commodities. Entitlement for fiscal year 2006 was \$14,592, with one North Dakota child care center participating in the program. The total amount of cash in lieu paid to CACFP centers in 2006 was \$190,900.

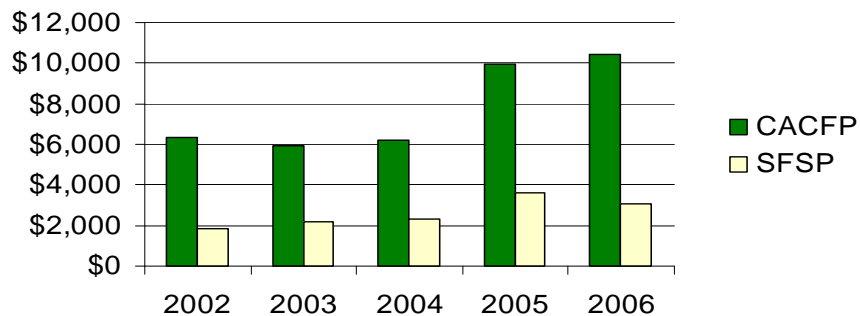
### *Charitable Institution Commodity Program (CI)*

Participants that are eligible to receive commodities under this commodity program must be public institutions or non-profit organizations that provide meal service on a regular basis and operate in the same place without marked changes such as emergency shelters, soup kitchens, hospitals, retirement homes, elderly nutrition projects, and adult correctional institutions that conduct rehabilitation programs for a majority of inmates. Commodities that are available for this program are bonus items from USDA.

### USDA Commodity Purchases Over \$100,000



### USDA Commodity Purchases Under \$100,000



## COMMODITY DISTRIBUTION FACTS

### AMOUNT OF FOOD DISTRIBUTED IN FISCAL YEAR 2006

<i>Local Agency Type</i>	<i>Pounds</i>	<i>Value</i>
<b>CACFP</b>	19,469	\$14,609.25
<b>Charitable Institutions</b>	15,321	\$8,869.55
<b>CSFP</b>	1,189,684	\$692,984.43
<b>FDPIR</b>	4,932,444	\$2,792,452.39
<b>Schools</b>	2,767,363	\$2,398,010.79
<b>SFSP</b>	25,607	\$11,772.48
<b>TEFAP</b>	1,237,589	\$880,635.85
<b><i>Total Distributed</i></b>		<b>\$6,799,334.74</b>

## WAREHOUSE AND DISTRIBUTION COSTS

The CNFD office contracts with a privately owned North Dakota business to warehouse and transport USDA commodities. Warehousing and transportation costs are supported by local and federal funds. During fiscal year 2006, the cost to warehouse and distribute food statewide was:

● Warehousing	\$269,004
● Transportation	\$290,039

## NORTH DAKOTA USDA COMMODITIES

USDA purchases various North Dakota products for nationwide distribution in the commodity programs. In fiscal year 2006, these products were:

<i>Product</i>	<i>Pack Size</i>	<i>Quantity Purchased</i> <i>(pounds)</i>	<i>Total Value</i>
Macaroni, pasta	24/1 lb.	4,528,800	\$1,434,204.60
Macaroni, pasta	20 lb.	1,240,000	\$393,388.00
Rotini, pasta	20 lb.	1,540,000	\$499,587.20
Spaghetti, pasta	12/2 lb.	1,836,000	\$501,064.81
Spaghetti, pasta	20 lb.	800,000	\$223,840.00
Macaroni and cheese	12/26 oz.	141,960	\$82,123.86
Egg noodle, pasta	12/1 lb.	714,240	\$349,830.16
Bulk fresh potatoes	Bulk	4,240,000	\$267,600.00
Pinto beans	12/2 lb.	161,280	\$42,211.68
Great northern beans	12/2 lb.	403,200	\$126,006.72
Farina, wheat product	24/14 oz.	504,504	\$196,737.16
Bakers hard wheat flour	50 lb.	43,200	\$7,218.72
Sunflower butter	6/5lb.	369,600	\$473,309.76
<b>Totals</b>		<b>16,522,784</b>	<b>\$4,597,119.67</b>

CNFD purchases North Dakota commodities from USDA for use in the commodity programs. In fiscal year 2006, these products were:

<i>Product</i>	<i>Pack Size</i>	<i>Quantity Purchased</i> <i>(pounds)</i>	<i>Total Value</i>
Macaroni, pasta	24/1 lb.	85,000	\$25,024
Macaroni, pasta	20 lb.	42,000	\$9,220
Spaghetti, pasta	12/2 lb.	72,760	\$21,828
Spaghetti, pasta	20 lb.	42,000	\$10,300
Egg noodle, pasta	12/1 lb.	49,920	\$21,619
Bakers hard wheat flour	50 lb.	88,128	\$13,168
<b>Totals</b>		<b>379,808</b>	<b>\$101,159</b>



## NUTRITION PROFESSIONALS

The professionals who plan and prepare nutritious meals and snacks have a profound impact on the children they serve. The CNFD office supports these individuals by providing training for the multitude of skills needed to manage a nutrition program. Professional development activities include:

- Pathways to a Quality Foodservice training series
- Master Pathways for those who completed the Pathways series
- *Directions* newsletter for school nutrition personnel
- *Round Up* newsletter for child care personnel
- One-on-one consultations
- Mentoring program
- Site visits
- Access to a lending library
- Back-to-School workshops

The Pathways to a Quality Foodservice series of courses is the centerpiece of training for nutrition professionals. In 2005-06:

- 28 Pathways courses were held.
- 308 nutrition professionals attended training.
- 24 recognition pins were awarded for completing one of three levels of training.

Currently, 73 child nutrition professionals have completed all 11 courses in the Pathways training series, making them eligible to attend Master Pathways training sessions.

## SCHOOL AND PROGRAM ADMINISTRATORS

Our office strives to provide the best possible customer service to local school and program administrators. Assistance is available through:

- Site visits
- Formal training
- *Administrative Update* newsletter
- Interactive web site
- Telephone and email consultation

Our staff works hard to provide leadership and new ideas in program administration, nutrition, and other areas. This is done in order to expand and improve operations at all levels. We take this leadership role very seriously.



## HEALTHY SCHOOLS

### *Team Nutrition*

Team Nutrition (TN) is a USDA initiative to support Child Nutrition Programs through training and technical assistance for foodservice, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity. Team Nutrition's goal is to improve children's lifelong eating and physical activity habits by using the principles of the Dietary Guidelines for Americans and MyPyramid. More information on TN and several resources are available on the TN website at [www.teamnutrition.usda.gov](http://www.teamnutrition.usda.gov).

Team Nutrition funding to states is received through competitive USDA grants. North Dakota Child Nutrition Programs has a long history of receiving TN grants since they were first offered in 1995. Eight grants totaling more than 1 ½ million dollars over the past ten years supported the development of extensive services in nutrition education and foodservice training. The CNFD office received a ninth two-year grant in September 2006 to continue TN efforts from October 1, 2006 through September 30, 2008. Numerous TN sub-grants have provided funds to North Dakota schools, child care centers, and Family Child Care Home (FCCH) sponsors for nutrition education, food service training, and projects to improve the school nutrition environment.

The USDA TN grant awarded to North Dakota for 2004-2006 had two major goals:

- To improve school nutrition environments
- To train school nutrition personnel and child care operators to successfully incorporate fruits and vegetables in menus and to provide nutrition education to increase the acceptance of fruits and vegetables by students and young children

To achieve the goals and objectives for the TN 2004-2006 grant, the following activities were completed:

- TN grants were awarded to six Coordinated School Health demonstration sites for nutrition education and physical activity projects.
- Family and Consumer Science (FACS) teachers, in collaboration with the ND Department of Career and Technical Education, received training and mini-grants to fund projects that involved students working to increase student access to healthy foods and beverages at school.
- The *Nutrition News for Teachers* was developed and distributed in March 2005 and March 2006 to approximately 4,000 elementary classroom and physical education instructors, and to middle/high school health education and FACS teachers.
- Two graduate credit teacher in-services were offered in June 2006. Forty-five teachers completed the four-day "Nutrition Education for the School-Aged Child" course to receive two semester hour credits.
- TN grants funded two pilot projects in schools to implement the healthy school nutrition environment system standards and assessments as part of school improvement.

- Specialized training in marketing healthy food choices was provided to school foodservice managers and directors from large school districts. As a result, thirteen TN “Marketing Healthy Meals and Food Choices” grants were provided in 2005/2006 to large school districts.
- An instructor guide was developed for a five-hour course, “Fruits and Vegetables Galore-Helping Kids Eat More,” and a train-the-trainer workshop was held for the 17 “Pathways to A Quality School Foodservice” training series instructors.
- Four regional workshops were held to deliver the “Fruits and Vegetables Galore” training statewide. Over 300 school nutrition personnel and child care operators attended.
- TN sub-grants were provided to three FCCH sponsors to implement the “Color Me Healthy” curriculum messages in family child care homes.
- Child care centers received training on “Color Me Healthy” and had the opportunity to apply for a TN mini-grant. Thirty-seven completed plans and were awarded TN grants to promote nutrition education and to sustain the “Color Me Healthy” program in child care centers.
- Ten fruits and vegetables nutrition education lessons were developed to supplement the “Color Me Healthy - Preschoolers Moving and Eating Healthy” curriculum. The hands-on lessons were designed to encourage acceptance of fruits and vegetables by young children. They can be accessed on the website at [www.dpi.state.nd.us/child/cacfp/brochure06.pdf](http://www.dpi.state.nd.us/child/cacfp/brochure06.pdf).

### *Local Wellness Policy*

Congress recognizes that schools play a critical role in promoting student health, preventing childhood obesity, and combating problems associated with poor nutrition and physical inactivity. To encourage this role, they added a new requirement as part of the Child Nutrition and WIC Reauthorization Act of 2004 (P.L. 108-265). Each local educational agency participating in USDA’s school meals programs must have developed and adopted a local wellness policy by the beginning of the 2006-2007 school year. The law places the responsibility of developing the wellness policy with each local educational agency so the specific needs of each school can be addressed most effectively.

The word “wellness” in the context of these policies focuses on nutrition and physical activity in schools. In April 2005, North Dakota received a USDA local wellness policy grant to provide training on the requirements, development, implementation, and measurement of local wellness policies. North Dakota has offered extensive training opportunities for school foodservice authorized representatives, administrators, and other members of the school wellness policy teams. These have included:

- Training on the components and the steps for establishing a local wellness policy in the nine Joint Powers of Agreement (JPA) regions statewide in January 2006. 305 school, JPA, and community health professionals attended the nine half-day workshops.

- Providing school foodservice and administrative personnel local wellness policy training as part of the August 2006 back-to-school workshops at four sites statewide. Approximately 366 school staff were reached in the one-hour session. Attendees were provided with several selected printed resources on implementing a local wellness policy.
- Printing and distributing the parent brochure *Parents + Schools = Healthy Kids* in quantity to all schools statewide. A copy of the brochure is available online at [www.dpi.state.nd.us/child/new/HKbrochure.pdf](http://www.dpi.state.nd.us/child/new/HKbrochure.pdf).
- Surveying all school foodservice program administrators regarding local wellness policies in September 2006. A summary of the survey is available at [www.dpi.state.nd.us/child/new/survey.pdf](http://www.dpi.state.nd.us/child/new/survey.pdf).



# REIMBURSEMENT RATES 2005-06

## SCHOOL NUTRITION PROGRAMS

	<i>NSLP Reimbursement</i>	<i>SBP Reimbursement</i>	<i>Snack Reimbursement</i>
Free	\$2.32	\$1.27	\$0.63
Reduced Price	\$1.92	\$0.97	\$0.31
Full Price	\$0.22	\$0.23	\$0.05

## SUMMER FOOD SERVICE PROGRAM

	<i>Meal Reimbursement</i>		<i>Administrative Reimbursement</i>		
			<i>Rural Self-Preparation Sites</i>	<i>Other Sites</i>	
Breakfast	\$1.42	Breakfast	\$0.14	Breakfast	\$0.1125
Lunch/Supper	\$2.48	Lunch/Supper	\$0.26	Lunch/Supper	\$0.2150
Snacks	\$0.58	Snacks	\$0.07	Snacks	\$0.0550

## CHILD AND ADULT CARE FOOD PROGRAM

### CHILD AND ADULT CARE CENTERS

	<i>Paid</i>	<i>Reduced Price</i>	<i>Free</i>
Breakfast	\$0.23	\$0.97	\$1.27
Lunch/Supper	\$0.22	\$1.92	\$2.32
Snacks	\$0.05	\$0.31	\$0.63

### FAMILY CHILD CARE HOMES

	<i>Tier I</i>	<i>Tier II</i>
Breakfast	\$1.06	\$0.39
Lunch/Supper	\$1.96	\$1.18
Snacks	\$0.58	\$0.16

#### *FCCH Sponsor Administrative Reimbursement per home, per month*

1-50 Homes	\$91
Nest 150 Homes	\$69
Nest 800 Homes	\$54
Additional Homes	\$48

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