

DIRECTIONS

a publication of child nutrition and food distribution

Farewell to Loris Freier

Loris Freier will retire February 23, 2011 after 32 years of service. She began with the Department of Public Instruction Child Nutrition and Food Distribution programs in 1978 as the Nutrition Education and Training Program Coordinator. In 1986 she became Assistant Director.

While working for DPI, Loris has had many remarkable achievements. Loris coordinated USDA's Nutrition Education and Training (NET) Program, which established Nutrition Education programs in all of North Dakota's schools. She also wrote and administered twelve USDA Team Nutrition Grants, which provided training to school foodservice personnel and funding for nutrition education materials for children in classrooms, cafeterias and child care facilities. In conjunction with the Team Nutrition grants, Loris created the Pathways to a Quality School Foodservice training series, a series of 11 courses that provides training free of charge to school foodservice personnel through a statewide cadre of trainers.

Recently, Loris has worked hard to assist schools in achieving a USDA Healthier U. S. School Challenge award, by making significant improvements in the school meals as well as the healthy school environment.

Throughout her 32 years with DPI, Loris has strived to help schools recognize that through nutrition education and a healthy school environment, they can make a lasting difference in a child's nutrition and wellness behaviors and habits that will last for a lifetime.

Best wishes to Loris as she begins a new journey with her husband, Garry, who retired from the North Dakota Career and Technology Education Department in 2008.

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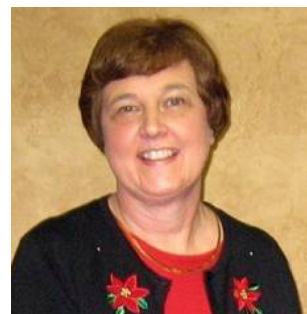
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School Nutrition Employee Appreciation Week

We all like to be recognized for our work. School Nutrition Employee Appreciation Week, May 2-6, 2011, is a time to say thank you to your foodservice employees. If you need creative ideas for the event, visit <http://www.schoolnutrition.org> for a list of ideas that range from the simple to the extravagant.

North Dakota Department of Public Instruction
Dr. Wayne G. Sanstead, State Superintendent
600 E. Boulevard Avenue, Dept. 201
Bismarck, ND 58505-0440

Fresh Fruit and Vegetable Program

The North Dakota Fresh Fruit and Vegetable Program (FFVP) Application for the 2011-2012 School Year will be available on March 28. Funding is available only for “elementary” students – those enrolled in grades K-8. The application will be mailed to the principal of each elementary school with an October 2010 free and reduced percentage of 50 percent or higher. The application will also be posted on our FFVP web page for all elementary schools to download.

<http://www.dpi.state.nd.us/child/ffvp/index.shtm>

The application process is competitive and based on percentage of free and reduced priced eligible students (with priority only given to those 50 percent and above), school demographic information, creativity of proposal, planned partnerships with additional agencies, and ability to maintain the program at the school and use funding by the end of the 2011-2012 school year. How well the current year’s money was spent will also be a factor.

There are a few changes to the process this year. Carefully read the following instructions.

1. Schools **meeting the following criteria** simply need to **complete** and mail in **pages 3, 6 and 7**.
 - Are currently participating in the program with a 50 percent or higher free/reduced ratio AND
 - Have retained a 50 percent or higher free/reduced rating in the elementary grades (K-8) for which grant is being applied (as reported in October 2010)

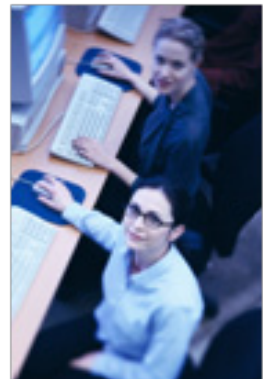
(Send the other pages only if there are significant changes to what was submitted for SY 2010-2011.)

2. Schools **not meeting the above criteria** must complete the **entire application**.
3. **All** applications must be mailed in this year with original signatures on the final page.
4. Applications are **due** to our office with postmark no later than **Friday, April 15, 2011**.

If you have questions or need assistance filling out the application, call our office (888-338-3663) and ask for Kaye.

2011-2012 FFVP Training

FFVP grantees will have two options this summer to attend mandatory FFVP training. There will be a FFVP training for grantees on Monday June 6th 1:00 p.m.- 4:00 p.m. in Fargo for those that will be attending the NDSNA conference. A second training will be held in Bismarck in August.

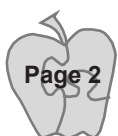


Healthier US School Challenge Training at NDSNA in June

Dr. Katie Wilson from USDA’s National Food Service Management Institute, NFSMI, will be providing a quick, one hour overview of the USDA Healthier US School Challenge, HUSSC, on June 8 at the ND School Nutrition Association conference in Fargo. If you have been curious about what is involved in becoming an HUSSC award winner, this would be a good time to hear about the process. Please see the enclosed agenda and registration form.

Farm to School

Farm to School is a USDA initiative to encourage schools to buy locally grown produce. If you have been wondering what the Farm to School movement is all about, please check out the new resource hand book on our website: http://www.dpi.state.nd.us/child/snp/nslp/farm_sch_handbook.pdf



Summer Food Service Program

Kids need nutritious and satisfying meals, even when school is out. The Summer Food Service Program was created to ensure that children in low-income areas continue to receive nutritious meals during school vacations when they do not have access to school lunch or breakfast. Schools may sponsor sites in low-income areas. The process is easy. The income guidelines for the Summer Food Service Program are the same as the reduced price guidelines in the National School Lunch Program or Child and Adult Care Food Program. Any child that is eligible for a free or reduced price lunch in those programs is eligible for free meals in the SFSP. Reimbursement is a straight meals time's rate. The program uses the same meal service rules and claiming procedures as during the school year. Contact Carla Wardzinski or Kaye Knudson in our office for more information, and to see if your school qualifies for the Summer Food Service Program.

Schools can provide meals for children in the summer in three ways.

1. Summer Food Service Program (SFSP)

Schools that have a 50 percent free or reduced price eligible site may offer meals at no charge to all area children through age 18. Other agencies may offer the program at a site within the eligible site area. SFSP has a separate agreement and the rates of reimbursement are higher.

2. Summer School

Schools that offer summer school and want to provide meals only to children enrolled in summer school may extend their current Child Nutrition Program agreement. The school would receive reimbursement for meals served to children enrolled in summer school at the same rate as the school year. Student eligibility for free and reduced-priced meals remains the same as do menu, meal counting, and other program requirements. Contact Carla in our office to sign up.

3. Seamless Summer

Schools that have an eligible site may offer meals at no charge to all area children through age 18. The school generally follows the National School Lunch and School Breakfast Program regulations. There is a short amendment to the current agreement. The school receives the free rate of reimbursement for meals served to children.

Pathways...Are You A Member Yet?

Do you have a thirst for knowledge? Do you enjoy meeting new people? Are you looking for ways to network and exchange ideas with fellow foodservice personnel? Are you looking for professional development opportunities? If your answer to any of these questions is yes, than Pathways is the place for you!

Pathways to a Quality School Foodservice is an exciting training series for North Dakota school and childcare foodservice professionals. The eleven-course series is developed and coordinated by Child Nutrition Programs at the Department of Public Instruction. Courses include topics covering sanitation, foodservice fundamentals, procurement, marketing, human relations, personnel and financial management, quantity and quality food preparation, and nutrition information. Check out the Pathways course description <http://www.dpi.state.nd.us/child/train/coursedescript.pdf> and come join the fun!

If you are not an enrolled Pathways member, please contact Kaye Knudson or Nancy Darling for more information. You do not have to be enrolled to take a class.

Child Nutrition and Food Distribution Programs

In-State Toll Free: 1-888-338-3663

Local: 701-328-2294

Fax: 701-328-9566

Website: www.dpi.state.nd.us/child

Circulate to School Nutrition Staff:

<input type="checkbox"/> _____	<input type="checkbox"/> _____
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For inquiries regarding nondiscrimination policies please contact:
Robert Marthaller, Assistant Superintendent, Department of Public Instruction,
600 East Boulevard Avenue, Dept 201, Bismarck, ND 58505-0440, 701-328-2267.

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Calendar of Events

April 2011

- 1 Pathways – Nutrition Integrity –Bismarck
- 1 Pathways- Sanitation and Safety-Minot
- 4 Pathways – Sanitation Update – Bismarck
- 7 Pathways – Principals of Quantity Food Production – Fargo
- 8-9 Pathways- Sanitation and Safety - Bismarck
- 8-9 Pathways – Practical Nutrition – Minot
- 11-15 Commodity Route A
- 12 Pathways – Effective Human Relations – West Fargo
- 18-22 Commodity Route B
- 19 Pathways – Marketing and Customer Relations – Grand Forks
- 20 Pathways – Sanitation Update – Grand Forks
- 25-29 Commodity Route C

May

- 2-6 School Nutrition Employee Appreciation Week

June

- 6-8 ND School Nutrition Association Meeting - Fargo
- 6 Pathways-Sanitation Update-Fargo
- 6 Fresh Fruit and Vegetable Program Training – Fargo

August

- 8-12 Commodity Route A
- 15-19 Commodity Route B
- 22-26 Commodity Route C

Return Service Requested

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Child Nutrition and Food Distribution Programs
Dr. Wayne G. Sanstead, State Superintendent
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Bismarck, ND 58505-0440

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