



Schools must have a local school wellness policy in place by the end of school year 2005-06. To assist schools in developing their policies, DPI Child Nutrition Programs has developed a [Local Wellness Policy handout](#) you can use to inform others in your school about this new requirement.







Schools are encouraged to use existing tools and policies to assist in their policy development. Several sites are provided below:

RESOURCES:




Links to Help with Policy Implementation:







- [The USDA's Team Nutrition School Wellness Policy web site](#) ; includes policy requirements, basic steps, sample policies
- [Wellness Policy Tool](#): This searchable database of policies from Action For Healthy Kids can help guide the drafting of local wellness policies.
- [Local School Wellness Policy Guide for Development: Mississippi](#)
- [School Nutrition Association: Wellness Policy for Schools](#) 

Model Policies:

- [Montana School Board Association Model Policy](#) 
- [South Dakota Board of Education Model Policy](#) 
- [The National Association for Sport and Physical Education \(NASPE\)](#)  Model Local School Wellness Policies on Physical Activity and Nutrition to assist local school districts as they write and implement wellness policies. 50 health, nutrition, physical activity, and education organizations assisted with or supported the development of these model school wellness policies.
- [National Association of State Boards of Education \(NASBE\)](#) ; sample general school health policies:
- [Arizona's Action for Healthy Kids State Team; School Nutrition-Healthy Environment Model Policy](#) 
- [National Alliance for Nutrition and Activity \(NANA\) Model School Wellness Policy](#) 
- [Mississippi Local School Wellness Policy, Guide for Development](#)

Supporting Resources:

- [Guidance for Healthy Ala Carte in North Dakota Schools](#)
- [Making It Happen! A Team Nutrition publication with school success stories, steps for implementation, key results, a description of the changes, and factors that helped them succeed](#) 
- [The CDC's School Health Index Assessment Guide](#) 
- [The USDA's Team Nutrition Changing the Scene: Improving the School Nutrition Environment Kit](#) 

- [North Carolina's Eat Smart; Recommended Standards for All Foods Available in School](#) 
- [North Carolina's Move More: Recommended Standards for Physical Activity in Schools](#) 
- [Local Nutrition Policies: Seven Steps to an Effective School Policy](#) article by Dayle Hayes, MS, RD. 
- [All it Takes is Nutrition \\$EN\\$E Toolkit ; Tips on selling and marketing healthful foods and beverages at student run stores:](#)
- [Recess Before Lunch Guide; Policy Implementation Guide for a Recess Before Lunch policy](#)
- [Healthy Students Learn More: The Value of Nutrition and Physical Activity in Montana Schools.](#) *Examples from Montana schools to implement key components of a healthy school nutrition environment.* 
- [The Role of Schools in Preventing Childhood Obesity](#)  Howell Wechsler, Mary L. McKenna, Sarah M. Lee and William H. Dietz. *This article describes the role of schools in addressing childhood overweight.*
- [School Foods Toolkit: A guide for improving school foods & beverages](#) 
- [What's Right for Kids: Improving the School Nutrition Environment](#) 